

**Matt Casada, MA, LMHC**  
**815 Arlington Blvd, Altamonte Springs, FL 32701**  
**407-335-9749, mattcasada@gmail.com**

**Education**

Doctor of Philosophy in Counselor Education and Supervision Regent University CACREP Accredited Program	2016 –2022 Virginia Beach, Virginia
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Master's of Arts in Counseling Reformed Theological Seminary	2012 Orlando, Florida
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Bachelor of Arts in Communication Studies University of Tennessee	2006 Knoxville, Tennessee
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**Licensure & Certifications**

Licensed Mental Health Counselor State of Florida MH 13055	2015 – Present
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Qualified Clinical Supervisor State of Florida	2018 – Present
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**Professional Teaching & Supervision Experience**

<b>Richmont Graduate University</b> Assistant Professor	2022 – 2025
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Responsibilities include teaching and course development for graduate level courses, including but not limited to: Human Growth and Development, Practicum, Internship, Methods of Research, and Helping Relationships.

<b>Asbury Theological Seminary</b> Director of Training for Counseling and Adjunct Professor	2019 – 2022
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Responsibilities include clinical supervision and oversight and administrative roles related to counseling related activities for students in practicum and internship. This includes coordination of sites for students, supervisor correspondence, training and teaching in practicum and internship class, and maintaining knowledge of current licensing and practice laws and regulations. In addition to practicum and internship, teaching responsibilities include Research Methods, Counseling Children, and Counseling Adolescents.

<b>Reformed Theological Seminary</b> Supervisor and Adjunct Professor for Counseling Program	2017 – 2025 Orlando, Florida
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Responsibilities include providing group and individual supervision for graduate students in practicum and internship (since 2017) and teaching a graduate course in Professional, Ethical, and Legal Studies and Social and Cultural Issues in Counseling for the Counseling Program (since 2019).

**Missio Theological Seminary**

2019-2021

Adjunct Professor for Counseling Program

Responsibilities include teaching Career Counseling and Research Methods for students enrolled in the MAC program.

**University of Central Florida**

2019

Supervisor and Adjunct Professor for Counseling Program

Orlando, Florida

Responsibilities include providing group and individual supervision for graduate students in practicum.

**Northland Church**

2018

Site Supervisor

Longwood, Florida

Responsibilities included providing individual supervision for graduate students in practicum and internship.

**Regent University**

2016 – 2019

Teaching Assistant for Counselor Education Program

Virginia Beach, Virginia

Responsibilities include grading, lecturing, and course development for Career and Lifestyle Development, Orientation and Introduction to the Counseling Profession, Human Growth and Development, Practicum and Advanced Skills, Ethics of Counseling, and Supervision and Consultation.

**Valencia College**

2015 – 2021

Adjunct Professor for Psychology

Orlando, Florida

Responsibilities include teaching undergraduate courses in General Psychology, Developmental Psychology, Human Sexuality, and Abnormal Psychology in a variety of formats (face-to-face, on-line, and hybrid).

**Professional Counseling Experience**

**Casada Counseling/Lumen Counseling**

May 2012 – Present

Licensed Counselor and President

Orlando, Florida

Responsibilities include providing individual and family counseling for adolescents and adults struggling with a variety of presenting concerns. Clinical supervisor for interns.

**Professional Publications & Presentations**

### ***Book Chapters***

Erwin, K & **Casada, M.** Career counseling and gender issues/dual careers. In Williams, C (Eds.), *Career, Life Style, and Spiritual Development: Work, Purpose, Calling, and God*. San Diego, CA: Cognella Publishing

### ***Presentations***

#### National Conference Presentations

Casada, M & Wildasin, H. (2017). *Impact of trauma on patients with substance use disorders*. American Association of Christian Counselors International Conference, Nashville, TN.

Casada, M. (2018). *Sacred metaphor*. Association for Spiritual, Ethical and Religious Values in Counseling, Dallas, TX

Casada, M. (2018). *Singing in the rain: Mindfully using music therapeutically to address depression*. Association for Creativity in Counseling, Clearwater, FL

#### State & Local Conference Presentations

Casada, M. (2019). *When my faith fails me: Helping clients navigate religious and spiritual deconstruction*. University of Central Florida Annual Counseling Conference, Orlando, FL.

Casada, M & Perry, J. (2019). *Incorporating neurobiology into work with adolescent clients*. University of Central Florida Annual Counseling Conference, Orlando, FL.

Casada, M. (2018). *The hero's journey: Exploring spiritual and personal development within counseling*. University of Central Florida Annual Counseling Conference, Orlando, FL.

Casada, M. (2018). *From Moana to Frodo: Using the Hero's Journey to Empower Client Change*. Florida Mental Health Counselor Association Conference, Lake Mary, FL.

Erwin, K. & Casada, M. (2017). *Therapeutic Expressions for Grief & Loss Resolution*. University of Central Florida Annual Counseling Conference, Orlando, FL.

#### Local Trainings

Casada, M. (September, 2016). *Grief workshop*. Maitland Men's Club, Maitland, FL.

Casada, M. & Casada, R. (April, 2016). *Let's chat: Teen depression*. Orangewood Presbyterian Church and Orangewood School. Orlando, FL.

Casada, M. (September, 2015). *Navigating adolescence: Parenting better through empathy and attachment*. Summit Church, Orlando, FL.

Casada, M. (May, 2015). *The core problem*. ReGroup at Summit Church. Orlando, FL.

Casada, M. (May, 2015). *Sex and adolescence: How to talk to your teenager about sex*. Summit Church, Orlando, FL.

Casada, M., Casada, R., Gibney, K. (March, 2015). *Parents & teens come together: Learn about emotions, neurology, and technology*. Florida Hospital, Orlando, FL.

Casada, M. (March, 2015). *Navigating adolescence: Parenting better through empathy and attachment*. Circle Christian School, Orlando, FL.

**Membership in Professional Organizations**

American Counseling Association	Alexandria, VA
Association for Creativity in Counseling	Alexandria, VA
Association for Spiritual, Ethical, and Religious Values in Counseling	Alexandria, VA
Florida Mental Health Counselors Association	West Palm Beach, FL
Southern Association for Counselor Education and Supervision	Alexandria, VA

**Service to the Profession**

Southern Association for Counselor Education and Supervision SACES Distance Education Interest Network Survey	2017 Alexandria, VA
Florida Mental Health Counselors Association Education Committee Member Government Relations Committee Member	2017 – 2019 West Palm Beach, FL

**References**

Javier Sierra, PsyD, LMHC  
Associate Professor of Counseling  
Department of Psychology  
Asbury Theological Seminary  
8401 Valencia College Ln  
Orlando, FL 32825  
(407)-401-1991  
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Scott Coupland PhD, LMFT  
Professor of Counseling and Academic Director of MAC Program  
Reformed Theological Seminary  
1231 Reformation Dr  
Oviedo, FL 32765  
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Jackie Perry, PhD, LPC  
Program Director and Assistant Professor of Counseling for Clinical Mental Health Program  
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Kathie Erwin EdD, LMHC, NCC, NCGS  
Associate Professor & MA Counseling Associate Coordinator  
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