

Dr. Benjamin Mathew – Curriculum Vitae

608 Penfolds Way

Blythewood, SC 29016

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EDUCATION

Doctor of Philosophy (PhD) in General Psychology

- JFK School of Psychology and Social Sciences, National University (formerly Northcentral University), San Diego, CA, 2016-2021
- Honors: Magna Cum Laude

Master of Arts (MA) in Clinical Counseling

- Dallas Theological Seminary, Dallas, TX, 1998-2001

Bachelor of Science (BS) in Biblical Studies

- Emmaus University (formerly Emmaus Bible College), Dubuque, IA, 1994-1998
- Honors: Cum Laude & Standard Teaching Diploma, Evangelical Training Assoc.

PROFESSIONAL LICENSES, CERTIFICATIONS & MEMBERSHIPS

Licensed Professional Counselor

- State of South Carolina, License #: 9150, 2023-present

Licensed Professional Counselor Supervisor

- State of South Carolina, License #: 9265, 2023-present

Licensed Mental Health Counselor

- State of Iowa, License #: 001054, 2007-2024

Licensed Mental Health Counselor Supervisor

- State of Iowa, License #: 001054, 2020-2024

NBCC National Certified Counselor

- NCC #: 1651683, 2021-present

Christian Association for Psychological Studies

- Member, 2015-present

Association of Counselors, Counselor Educators, Supervisors, & Students

- Member, 2024-present

American Association of Christian Counselors

- Member, 2009-2020

Biblical Counseling & Spiritual Formation Network

- Member, 2010-2012

Benjamin Mathew – Curriculum Vitae

American Mental Health Counselors Association

- Member, 2007-2015

Iowa Mental Health Counselors Association

- Member, 2007-2020

American Counseling Association

- Member, 2005-2020

Evangelical Theological Association

- Member, 2000-2002

PROFESSIONAL EXPERIENCE

Columbia International University, Columbia, SC

- Professor of Counselor Education (MA in Clinical Mental Health Counseling (CACREP) & PhD: Counselor Education and Supervision), 2023-present
- Adjunct Professor (Virtual), MA in Clinical Mental Health Counseling, 2022-2023

Ben Mathew Counseling, Private Practice, Columbia, SC

- Licensed Professional Counselor (LPC), 2023-present
- LPC Supervisor, 2023-present

Emmaus University, Dubuque, IA

- Chair, Behavioral & Health Sciences Department, 2009-2023
- Founding Chair & Professor, Counseling Psychology, 2003-2023
- Adjunct Professor, Bible Department, 2006-2012
- Director of Counseling Services, Student Services, 2005-2016
- V.P./Dean, Student Services, 2004-2005
- Chaplain, Student Services, 2002-2004
- Admissions Counselor, Enrollment Services, 2002-2004

Ben Mathew Counseling, Private Practice, Dubuque, IA

- Licensed Mental Health Counselor (LMHC), 2007-2023
- LMHC Supervisor, 2020-2024

Lifeologie Dallas Counseling (formerly The LifeWorks Group), Dallas, TX

- Staff Therapist, 2000-2001 (LPC-I)
- Counseling Intern, 1999-2000

Hope Speaks (formerly The Minirth Clinic), Richardson, TX

- Staff Therapist, 2000-2001 (LPC-I)
- Psychiatric Assistant, 1999-2001

PROFESSIONAL TEACHING EXPERIENCE

PhD Courses:

- **CNS 9002: Residency 3 (SME) – (Residential)** – The purpose of Residency 3 is to provide professional development through an in-person context, supporting and advancing doctoral students' research, presentation, clinical, and supervision skills through co-facilitation of master's level counseling groups, application and teaching of supervision skills, and the presentation of research. During this third residency, students will complete and present their research prospectus, collaborating with faculty to refine their topic to advance to the dissertation proposal. Students will work in collaboration with faculty advisors to form their dissertation committee during this residency, refining their topic with feedback on the prospectus presentation from peers and faculty. Residencies provide an opportunity for rejuvenation and recalibration of purpose and motivation for students, fellowshiping across doctoral and master's residency cohorts to enhance relationships and promote opportunities for modeling and mentoring.
- **CNS 9310: Advanced Counseling Theories (SME) (Online)** – In this course, students will explore and evaluate the major theories of the first, second, and third focuses on counseling and psychotherapy, including psychodynamic, Adlerian, Jungian, cognitive-behavioral, rational emotive behavior therapy, existential-humanistic tradition, logotherapy, and gestalt therapy. Students will also explore new forces in the continuation of counseling theory, including feminist, multicultural, positive psychology and wellness counseling, solution-focused, and brief therapy. Students will apply these and other theories to diverse clinical populations and settings, defining the function and role of their worldview and faith as a contextualization for understanding and interpretation of these models and their application to clinical care. Students will also consider how they will instruct students and advise supervisees on the application of these theories, analyzing related challenges in teaching and supervising alongside their own clinical applications.
- **CNS 9710: Advanced Multicultural Counseling (SME) (Online)** – This course provides an understanding of the cultural context of relationships, issues and trends in a multicultural and diverse society related to such factors as culture, ethnicity, nationality, age, gender, sexual orientation, mental and physical characteristics, education, family values, religious and spiritual values, socioeconomic status and unique characteristics of individuals, couples, families, ethnic groups, and communities. Increasing self-awareness around issues of culture, worldview, and experience will be explored to ensure the ethical and effective application of counseling within diverse clinical settings from a contextualized biblical lens. Students will also apply instructional philosophies and skills to practice addressing multicultural issues within the contexts of teaching, supervision, research, and clinical settings.

Benjamin Mathew – Curriculum Vitae

- **CNS 9930: Teaching Internship (SME) (Online)** – The teaching internship is a supervised training experience that prepares students to successfully function in the role of a counselor educator. Internship experiences emphasize the integration of theory and research through applied practice to teaching and the contextualization of worldview and faith to the person and process of counselor education. In this course, students will examine the theoretical and applied aspects of the human learning process related to postsecondary teaching and learning in counselor education. With an emphasis on instructional planning, organization, delivery, management, and evaluation related to teaching counselors-in-training, students will hone their philosophy and skill in teaching under the supervision of program faculty. Students will synthesize and apply their knowledge of learning and instructional processes as teaching assistants in graduate counseling courses. This internship serves as one domain emphasis requiring a minimum of 150 hours of supervised experience in teaching (students are required to complete 600 hours of supervised internship over three internship courses: CNS 9460; CNS 9930; CNS 9931). Students will meet one hour a week in individual or triadic supervision with their supervising teacher and an average of one and a half hours a week in group supervision.
- **CNS 9931: Internship Domains (SME) (Online)** – The internship is a supervised training experience that will prepare students to successfully function as professional counselor educators across the domains of teaching, clinical, supervision, research, leadership, and advocacy. Internship experiences emphasize the integration of theory and research through applied practice in a variety of settings and situations. This course serves as Part 2 of a two-part supervised internship experience in a selected educational setting from a minimum of two of the three remaining domains (leadership and advocacy, supervision, and research counseling). Students will complete a total of 300 hours in their internship, through which they engage in most of the activities of a regularly employed professional in the setting. Students will meet one hour a week in individual or triadic supervision with their domain supervisor and one hour a week in group supervision.
- **CNS 9960, 9961, 9962, 9963: Dissertation Chair** – The committee chair will act as the student's primary mentor by working closely with him or her and providing feedback and guidance throughout the process. The chair will also guide the committee in assisting the student. All communication with committee members should be from the committee chair or go through the committee chair (i.e., the chair is copied on all emails between committee members themselves and the student). The committee chair will also review the Canvas dissertation shells for CNS 9961 (Dissertation 1), CNS 9962 (Dissertation 2), and CNS 9963 (Dissertation 3) for information on timelines and expectations for each class.

Benjamin Mathew – Curriculum Vitae

MA Courses:

- **CNS 5075: Multicultural Counseling (SME) (Residential & Online)** – This course is an application of clinical mental health counseling and marriage & family therapy skills in multicultural and intercultural settings to increase students' sensitivity, awareness and knowledge of, and skills related to multicultural counseling and working effectively with diverse clients. Increasing self-awareness around issues of culture, worldview, and experience is explored to ensure the ethical and effective application of counseling within diverse clinical settings. Topics include systems of culture and value, age, race, gender, sexual orientation, physical ability, religious preference, political perspectives, social class, ethnicity and culture, culturally competent assessment and treatment, and family patterns.
- **CNS 5305: Applied Biblical Foundations of Counseling (SME) (Residential & Online)** – This course is an application of the biblical texts to clinical mental health counseling and marriage and family therapy that utilizes a Christian perspective sensitive to multicultural settings. This course will orient students to basics in the interpretation of biblical data, the biblical narrative relevant to counseling, and how to apply these concepts when providing Christian-oriented counseling services to clients. Students will learn how to contextualize the biblical narrative for clinical practice within a Christian population.
- **CNS 5310: Counseling Theories (SME) (Residential & Online)** – This course provides a broad, foundational overview and critique of personality and counseling theories. Emphasis is on the application of these theories by exploring the techniques and strategies of each theory, including systems theory. The philosophical presuppositions, theological implications, situational appropriateness, and effectiveness with client populations are addressed. Students are encouraged to begin the process of synthesizing various approaches into their personal paradigm of counseling.
- **CNS 5314: Personal & Spiritual Development (Online)** – This course emphasizes personal and spiritual well-being and growth within the context of professional development as a clinical mental health counselor and/or marriage and family therapist. To this end, students will be asked to personally engage in a psycho-educational process of self-care and self-understanding through readings, reflection papers, and assessments. Spiritual development will be encouraged through completing selected Bible readings and a biblical understanding of and connection with God and His transformational processes, such as spiritual disciplines and connection to others through a weekly small group. Advisors will help students explore personal and spiritual development through self-assessments in order to guide students to set goals and develop individualized plans for personal and spiritual growth. Students will complete program requirements related to professional and spiritual development in coordination with their academic advisors.

Benjamin Mathew – Curriculum Vitae

- **CNS 5315: Spiritual Growth & Career Development (Online)** – This course emphasizes career development and spiritual growth and well-being within the context of professional development as a clinical mental health counselor and/or marriage and family therapist. To this end, students will be asked to personally engage in a psycho-educational process of self-understanding and career exploration through readings, reflection papers, and assessments. Spiritual development will be encouraged through completing selected Bible readings and a biblical understanding of and connection with God and His transformational processes, such as spiritual disciplines and connection to others through a weekly small group. Advisors will help students explore spiritual and career development through self-assessments in order to guide students to set goals and develop individualized plans for spiritual growth and career development. Students will complete program requirements related to professional and spiritual development in coordination with their academic advisors.
- **CNS 6011: Sexuality Counseling (SME) (Online)** – This course addresses the biological, developmental, relational, emotional, behavioral, and spiritual issues involved in understanding human intimacy and sexuality. You will learn how to integrate basic diagnostic and evidence-based treatment skills with authentic Christian beliefs and practices.
- **CNS 6310: Human Growth and Development (Residential)** – This is a course in applied developmental counseling. Drawing from the physical, cognitive, socio-emotional, and spiritual markers set forth by the major theories of human growth, students will be able to conceptualize the needs of their clients within a developmental framework. Recognizing that the developmental process is influenced by many controllable and uncontrollable forces throughout one's lifespan, this course takes into account both resilient and redemptive models for promoting growth and for overcoming personal and systemic obstacles. Personal exploration of one's own developmental process is built into course assignments. Consideration also is given to the process of spiritual transformation as an integral part of the Creator's design for growth.
- **CNS 6440: Group Counseling (SME) (Residential, Online, & Hybrid)** – This course is an introduction to the theory and practice of group counseling. The process of doing groups and the application of the group process to a variety of settings and situations is discussed. The counselor as a group leader is emphasized. The class relies heavily on the component of a psycho-educational group experience, both as a group member and co-leader.
- **CNS 6810: Career Development (Residential)** – This course introduces students to career development theory and its application. Students will have the opportunity to learn the history of and current trends in career development counseling. Students will be offered training in the use and application of career counseling strategies, assessment tools, and resources, including web-based resources. Students will also learn about the relationship between work and mental health, career development across the lifespan, and issues with diverse populations, as well as ethical issues and competencies for professional practice.

Benjamin Mathew – Curriculum Vitae

BS Courses:

- **COU 311: Methods and Techniques of Counseling (SME) (Residential)** – A study of the major techniques and strategies that can be appropriately and effectively used in counseling individuals or families, including ways of determining, defining, and treating problems.
- **COU 321: Group Dynamics of Counseling (SME) (Residential)** – This course is designed to assist the student with a basic understanding of the nature of group development, group dynamics, group counseling theory, and ethical issues pertaining to group work. Students will have the opportunity to apply their growing knowledge of group counseling by practicing the skills necessary for proposing, forming, leading, and evaluating groups in a variety of counseling settings.
- **COU 322: Multicultural Counseling Techniques (SME) (Residential)** – A study of cultural and cross-cultural issues as they relate to counseling. The course will investigate the society and the church in terms of the role of ethnic groups, lifestyle traditions and change, populations' patterns, and counseling in various societies and mission fields.
- **COU 412: Ethics and Issues of Counseling (SME) (Residential)** – A capstone, senior-level course designed to expose the student to discussions regarding ethical, cultural, and spiritual issues, reflection on professional orientation, and a minor emphasis on legal concerns. The student will take the culmination of all other counseling courses into this course with the objective of developing critical thinking and basic knowledge in how to best help people with problems. As part of the requirements of this course, students will attend the AACC World Conference in Nashville, TN. Students will attend seminars, gain insight regarding graduate schools, and learn about short and long-term ministry and employment opportunities.
- **COU 421: Applied Integration (SME) (Residential)** – An examination of theological concepts and spiritual disciplines in the practice of psychology, including sin, grace, prayer, confession, forgiveness, use of Scripture, and fellowship. Attention will be given to the application of these concepts and practices within an implicit/explicit model of integration, practice within psychological frameworks, and in working with people with differing spiritual commitments and/or practices.
- **PSY 111: Introduction to Psychology (SME) (Residential)** – The student will be provided with an introduction to the field of psychology together with its basic terminology and concepts and be aided in developing a greater understanding of his own behavior and of human conduct in everyday life.
- **PSY 221: Psychological Theories and Application 2 (SME) (Residential)** – This course will address historical development and philosophies behind various psychological theories and their application to help the student build a personal theory of counseling that is theologically sound and clinically proficient to inform practice.
- **BT 462: Theology Seminar/Applied Theology (Residential)** – The student will apply the theology he has learned to contemporary issues, seeking to develop his own viewpoints on areas of theology in which Christians, especially evangelicals, differ. The student will learn to integrate theology to life and will discover the significant role theological reflection ought to play in the life of a believer.

Benjamin Mathew – Curriculum Vitae

- **FND 101: Transitions Seminar (SME) (Residential)** – The student will participate in reading and group discussion of material chosen for its effectiveness to help incoming, first-time freshmen adjust to the rigors of college life. Materials cover important spiritual, intellectual, emotional, and social principles involved in the disciplines of successful academic study and time management.
- **FND 410: Senior Seminar (Residential)** – This course provides graduating seniors with the practical information and hands-on experience necessary for a smooth transition from college into their chosen vocation and/or ministry. Topics covered include job search skills, job interview techniques, budgeting, insurance, church life, community involvement, and other subjects critical to a successful transition into post-college life.

Proficient in course creation and management through various Learning Management Systems (LMS), including:

- Canvas
- PowerSchool (Schoology)
- Moodle
- Google Classroom

Benjamin Mathew – Curriculum Vitae

PROFESSIONAL PRESENTATIONS

“[How to Find Hope When You Are Struggling - Disability, Bullying, The Body & Mental Health](#)”, Expert Exclusive, Forever Changed Films, August 2026

“[Feeding My Soul](#)” - [Ep. 4](#), Sound Mind Series: Mental Health Documentary, Professional Opinion, Forever Changed Ministries, August 2026.

“[I Was Born Without Arms](#)” - [Unconventional Clay, Ep. 3](#), Sound Mind Series: Mental Health Documentary, Professional Opinion, Forever Changed Ministries, August 2026.

“[The Numbing Trap: From Ozempic to "Biohacking" our Way Out of Reality](#)”, Podcast, Thinking Christian with Dr. James Spencer, May 2026.

“[The Limits of Therapy: Why a Counselor Can't Replace Your Community](#)”, Podcast, Thinking Christian with Dr. James Spencer, May 2026.

“[The Loneliness Epidemic: Why Modern Life is a Structural Trap \(and How the Church Breaks It\)](#)”, Podcast, Thinking Christian with Dr. James Spencer, May 2026.

“[Beyond the Screen: Why Your Physical Presence is the Secret to Mental Health](#)”, Podcast, Thinking Christian with Dr. James Spencer, April 2026.

“[Beyond the Quick Fix: Embracing Sadness as a Rational Response to a Broken World](#)”, Podcast, Thinking Christian with Dr. James Spencer, April 2026.

“[Navigating Existential Dread and Finding Meaning Together](#)”, Podcast, Thinking Christian with Dr. James Spencer, April 2026.

“[The Digital Paradox: Why More Connection is Making Us More Alone](#)”, Podcast, Thinking Christian with Dr. James Spencer, April 2026.

“[Why Your Mental Health is an "Embodied" Experience](#)”, Podcast, Thinking Christian with Dr. James Spencer, April 2026.

“[Incarnational Counseling: Moving Care from the Clinical to the Community](#)”, [The Care Institute](#), May 2026.

“Cultivating Christlike Clinicians: A Panel Discussion”, Seminar Workshop, Convergence, Christian Association for Psychological Studies National Conference, Columbus, OH, March 2026.

“[Teaching for Biblical Integration](#)”, [ABHE Leadership Academy](#), March 2026.

“[Red & Yellow, Black & White: Examining Racial Identity Models through Biblical Theology](#)”, Continuing Education Event, CareCola, Columbia, SC, March 2026.

Benjamin Mathew – Curriculum Vitae

[“Caring Across Cultures: Empathy & Kingdom Diversity”](#), [The Care Institute](#), March 2026.

[“Gathering to Heal: Lay Counseling & Group Dynamics”](#), [The Care Institute](#), March 2026

[“Multiculturalism in the Church: A Biblical Theology of Unity Without Uniformity”](#), Podcast, Thinking Christian with Dr. James Spencer, February 2026.

[“Mission to the Nones & Deconstructed”](#), Panel Discussion with Dr. Raphael Anzenberger, CIU World Evangelism Chapel, October 2025.

[Discussion Guest](#), Podcast, A Single Double Named Therapist, September 2025.

[“Justice, Suffering, and the Cross”](#), Podcast, A Single Double Named Therapist, September 2025.

[“Mission of the Heart”](#), Keynote Speaker, PITH Asia Pacific Conference, Phuket, Thailand, July 2025.

[“Anxiety, Faith, Fear, and Finding Peace in Christ”](#), Podcast, Thinking Christian with Dr. James Spencer, May 2025.

“Red & Yellow, Black & White: Examining Racial Identity Models through Biblical Theology”, Seminar Workshop, Climbing to New Heights, Christian Association for Psychological Studies National Conference, Denver, CO, March 2025.

[“The Gospel, Race, and Heart Posture”](#), Podcast, Ben Lippen Podcast with Erin Kay, January 2025.

[“Critical Race Theory and the Church”](#), Podcast, Context is King with Denny Uhlman, James Walden and Wayne Penn Jr., December 2024.

“REBT & A Theology of Sex,” Continuing Education Webinar, Home Shanti Individual & Family Counseling Center, Urban Indian Ministries, Bangalore, Karnataka, India, October 2024.

[“A Theology of the Body”](#), Continuing Education Event, CareCola, Columbia, SC, September 2024.

[“Thinking about Transgenderism, Social Contagion, and the Need for a Big Gospel: A Conversation with Dr. Ben Mathew,”](#) Podcast, Thinking Christian with Dr. James Spencer, August 2024.

“A Theology of the Body,” Seminar Workshop, Realigned, Christian Association for Psychological Studies National Conference, Atlanta, GA, March 2024.

Benjamin Mathew – Curriculum Vitae

“Red & Yellow, Black & White: Seeking to Engage Biblical Discussions of Racial Reconciliation in the Classroom,” Association for Biblical Higher Education 77th Annual Meeting, Orlando, FL, February 2024.

“A Theology of the Body,” 2023 Research & Scholarship Conference, Keynote Presenter, Australian College of Christian Studies, Sydney, Australia, October 2023.

“[Mental Health Awareness Month](#): Breaking Barriers & Seeking Help,” Midday News, WIS News 10 (NBC News), Columbia, SC, October 2023.

“Transgenderism: Confusion in Culture, Clarity in Christ/Welcoming the Stranger/Red & Yellow, Black & White,” Ignite Youth Leadership Conference, Harvest New Beginnings Church, Oswego, IL, April 2023.

“Transgenderism: Confusion in Culture, Clarity in Christ/Welcoming the Stranger/Red & Yellow, Black & White,” Ignite Youth Leadership Conference, Rocky Mountain Calvary, Colorado Springs, CO, March 2023.

“Transgenderism: Confusion in Culture, Clarity in Christ/Welcoming the Stranger/Red & Yellow, Black & White,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2023.

“[Principles and Practices of Pastoral Care](#)”, Workers & Elders Conference, San Francisco, October 2022.

“[Public Faith Issues: Gender](#),” Seminar Workshop, Brethren Training Network, Dubuque, IA, June 2022.

“[A Biblical Theology of Race](#),” Plenary Speaker, Brethren Training Network, Dubuque, IA, June 2022.

“How to Help When You Don't Know How to Help/How to be a 'Wise Guy/Gal'/Show Yourself a Man,” Ignite Youth Leadership Conference, Harvest New Beginnings Church, Oswego, IL, April 2022.

“Experiences of Racial Animosity Among Interracial Married Couples in the United States,” Empowered, Christian Association for Psychological Studies, Online Conference, March 2022.

“How to Help When You Don't Know How to Help/How to be a 'Wise Guy/Gal'/Show Yourself a Man,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2022.

“Racial Animosity Among Interracial Married Couples,” Bible & Theology Colloquium, Emmaus University, Dubuque, IA, November 2021.

“Raising Resilient Teens: A Mental Health Seminar,” Grace Church, Des Moines, IA, November 2021.

Benjamin Mathew – Curriculum Vitae

- “A Biblical Theology of Youth Ministry,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2020.
- “Fight Like a Man,” No Regrets Men’s Conference, Galena Bible Chapel, Galena, IL, February 2020.
- “A Pastoral Response to Sexual Confusion,” EEE Camp Workers Conference, Horton Haven Christian Camp, Nashville, TN, January 2020.
- “The Faith of Stephen: Acts 6:8-7:60,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2019.
- “Rejoice in Suffering: Acts 5:12-42,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2019.
- “Welcoming a Stranger: A Biblical Theology of Immigrants,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2019.
- “A Biblical Theology of Youth Ministry, and Beyond,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2019.
- “Gender Issues Across the Globe: Transgenderism,” Brethren Training Network, Emmaus University, Dubuque, IA, May 2018.
- “Transgenderism: Confusion in Culture, Clarity in Christ,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2018.
- “Transgenderism: Confusion in Culture, Clarity in Christ,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2018.
- “The Gospel & Racial Reconciliation,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2017.
- “The Gospel & Racial Reconciliation/,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2017.
- “Fight Like a Man: How to Battle Sexual Temptation/Homosexuality & the Gospel,” Ignite Youth Leadership Conf., Grace Church, Des Moines, IA, March 2016.
- “*God & the Gay Christian*,” by Matthew Vines: A Response,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2015.
- “Homosexuality: A Pastoral Response,” Biblical Eldership Resources Simulcast Conference, Rochester, NY, October 2015.
- “Homosexuality & the Gospel,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2015.

Benjamin Mathew – Curriculum Vitae

- “The Connected Christian: Social Media & a Christian Response,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2015.
- “Homosexuality & the Gospel,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2015.
- “Counseling & the Gospel,” Brethren Training Network, Emmaus University, Dubuque, IA, May 2014.
- “Homosexuality & the Gospel,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2014.
- “Red & Yellow, Black & White: Race and the Glory of God,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2014.
- “Fight Like a Man: How to Battle Sexual Temptation,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2014.
- “Sex, Life & the Glory of God,” Moral Ethical Recovery Program, Des Moines Area Youth Group Conference, Des Moines, IA, November 2013.
- “Sex, Life & the Glory of God,” Korean Youth Fellowship, Online Simulcast, November 2013.
- “Leadership and the Glory of God,” Leadership Training, Haven of Rest Ministries, Akron, OH, June 2013.
- “Counseling & the Glory of God,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2013.
- “Sex, Life & the Glory of God,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2013.
- “False Doctrines & Current Trends,” St. Louis Area Believers Conference, St. Louis, MO, March 2012.
- “Men & the Majesty of God,” Galena Bible Church Men’s Conference, Galena Bible Church, Galena, IL, April 2011.
- “The Nature & Sexuality of Man,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2010.
- “Discerning Media & Culture,” Ignite Youth Leadership Conference, Grace Church, Des Moines, IA, March 2010.
- “*The Shack*,” by William P. Young: A Review,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2009.

Benjamin Mathew – Curriculum Vitae

“Effective Small Group Ministries,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2008.

“Created to Worship,” Men’s Conference, Willowbrook Camp, Des Moines, IA, November 2008.

“Blue...Like a Velvet Elvis: A Book Review of Emergent Movement Literature,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2006.

“Wrestling with Anger,” Man Camp Men’s Conference, Camp Berea, Hebron, NH, November 2005.

“The Joy of Personal Bible Study,” Indian Brethren Fellowship Conference, Indiana Wesleyan University, Anderson, IN, July 2005.

“Such Were Some of You: Homosexuality and the Gospel,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2005.

“Conflict & Marriage,” Men of Bethany Men’s Conference, Bethany Bible Chapel, Cedar Falls, IA, February 2005.

“Biblical Fellowship: More than Just Coffee and Donuts,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2004.

“Coffeeshop Counseling: Counseling in a Post-Modern Context,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2003.

“Authenticity and Community in the Local Church,” Iron Sharpens Iron Leadership Conference, Emmaus University, Dubuque, IA, May 2003.

Benjamin Mathew – Curriculum Vitae

PROFESSIONAL PUBLICATIONS

- Mathew, B. (2023). Loving the Aliens: Building from a Strong Foundation (Part Three of a Three-Part Series). Christian Scholars Review: *Christ Animating Learning Blog*.
- Mathew, B. (2023). Loving the Aliens: A Biblical Theology of Multiculturalism (Part Two of a Three-Part Series). Christian Scholars Review: *Christ Animating Learning Blog*.
- Mathew, B. (2023). Loving the Aliens: Immigration, Undocumented Workers and the Gospel (Part One of a Three-Part Series). Christian Scholars Review: *Christ Animating Learning Blog*.
- Mathew, B. (2022). Loving the Stranger: Immigration, Undocumented Workers, and the Gospel. *Concerning Him: An Emmaus Blog*.
- Mathew, B. (2022). A Biblical Theology of Sex. *Concerning Him: An Emmaus Blog*.
- Mathew, B. (2021). *Experiences of racial animosity among interracial married couples in the United States* (Order No. 28543656). Available from ProQuest Dissertations & Theses Global. (2566474130).
<https://www.proquest.com/dissertations-theses/experiences-racial-animosity-among-interracial/docview/2566474130/se-2?accountid=28180>
- Mathew, B. (2010). A Theology of the Body: Encouraging Men to Develop a Biblical Model of the Temple. *Transformation: A Publication of the American Association of Christian Counselors and the Biblical Counseling & Spiritual Formation Network*, 4(1), 4-5.
- Mathew, B. (2010). The 7 Churches of Revelation: Ephesus (Rev. 2:1-7). *The Emmaus Journey Magazine*, 8(2), 10-11.
- Mathew, B. (2010). Stepping into the Shack. *The Emmaus Journey Magazine*, 7(3), 31-35.
- Mathew, B. (2004). Authenticity and Community in the Local Church. *The Emmaus Journey Magazine*, 2(3), 18-21.
- Mathew, B. (2002). After the Honeymoon is Over: Conflict in the Church. *The Emmaus Journey Magazine*, 2(3), 40-41.

Book Reviews:

- Justin Lee. *Torn: Rescuing the Gospel from the Gays vs. Christians Debate*. Jericho Books, 2012. In *The Emmaus Journal*, XXI (2), 2012, 196-199.
- John Piper. *Bloodlines: Race, Cross, and the Christian*. Crossway Publishers, 2011. In *The Emmaus Journal*, XX (19-20), 2011, 232-236.

Benjamin Mathew – Curriculum Vitae

Rob Bell. *Velvet Elvis: Repainting the Christian Faith*. Zondervan Publishers, 2005. In *The Emmaus Journal*, XV (1), 2006, 131-135.

Armand M. Nicholi Jr. *The Question of God: C.S. Lewis and Sigmund Freud Debate God, Love, Sex and the Meaning of Life*. Free Press, 2002. In *The Emmaus Journal*, XIV (1), 2005, 123-124.

John Eldridge. *Wild at Heart: Discovering the Secret of a Man's Soul*. Thomas Nelson Publishers, 2001. In *The Emmaus Journal*, XIII (1), 2004, 112-113.

Ajith Fernando. *Jesus Driven Ministry*. Crossway Books, 2002. In *The Emmaus Journal*, XII (2), 2002, 323-325.

Benjamin Mathew – Curriculum Vitae

PROFESSIONAL DEVELOPMENT & TRAINING

Convergence, CAPS National Conference, Columbus, OH, March 2026

Received 6 CE hours by attending plenary and track workshops

Red & Yellow, Black & White: Examining Racial Identity Models Through Biblical Theology, CareCola, Columbia, SC, March 2026

Received 1.5 CE hours

Climbing to New Heights, CAPS National Conference, Denver, CO, March 2025

Received 10.5 CE hours by attending plenary and track workshops

The Importance of Counselor Self-Awareness & Work Analysis Surveys for the Counseling Profession, NBCC, August 2025

Received 4.5 CE hours

The Promise & Challenge of Artificial Intelligence in Counseling, NBCC, May 2025

Received 1 CE hour

A Dialectical Behavioral Approach to Distress Relief, Columbia International University CE, April 2024

Received 2 CE hours

Navigating Moral Crossroads: Exploring the Ethics of Value Conflicts in Counseling, Columbia International University CE, March 2024

Received 2 CE hours

Realigned, CAPS National Conference, Atlanta, GA, March 2024

Received 9 CE hours by attending plenary and track workshops

Promoting Connection, 60th Annual SCCA Conf., Myrtle Beach, SC, February 2024

Received 7 CE hours by attending plenary and track workshops

Know Hope, AACC World Conference, Nashville, TN, September 2023

Received 17.5 CE hours by attending plenary and track workshops

Empowered, CAPS National Conference, Online, March 2022

Received 12 CE hours by attending plenary and track workshops

Rise Up, AACC World Conference, Nashville, TN, September 2019

Received 15.75 CE hours by attending plenary and track workshops

Transformed, CAPS National Conference, Dallas, TX, March 2019

Received 9 CE hours by attending plenary and track workshops

Break Every Chain, AACC World Conference, Nashville, TN, September 2017

Received 17.5 CE hours by attending plenary and track workshops

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Breaking the Barriers: Poverty, Culture, Race, and Ethnicity, CAPS National Conference, Chicago, IL, March 2017

Received 9 CE hours by attending plenary and track workshops

Be Strong, AACC World Conference, Nashville, TN, September 2015

Received 16.25 CE hours by attending plenary and track workshops

Our Time is Now, AACC World Conference, Nashville, TN, September 2013

Received 17.25 CE hours by attending plenary and track workshops

Celebrate Your Faith, AACC World Conference, Nashville, TN, September 2011

Received 17.25 CE hours by attending plenary and track workshops

Grace and Truth, AACC World Conference, Nashville, TN, September 2009

Received 15.50 CE hours by attending plenary and track workshops

Child Abuse & Neglect Treatment, Quantum Units Education, 2008

Received 8 CE hours by completing online distance learning

Benjamin Mathew – Curriculum Vitae

PROFESSIONAL SERVICE

Columbia International University, Columbia, SC, 2023-present

- School of Coun. Cont. Ed. Coordinator/NBCC ACEP Admin., 2025-present
- School of Counseling Assessment Coordinator, 2025-present
- Curriculum Committee, 2025-present
- ADA/Accommodations Committee, 2024-present
- Academic Advisor, 2023-present
- Institutional Review Board Committee, 2024-2025
- Student Life Committee, 2023-2024

Association of Biblical Higher Education, Orlando, FL

- Biblical Integration & Pedagogy Summit, Summer 2023

Emmaus University, Dubuque, IA, 2002-2023

- Academic Advisor, 2009-2023
- Academic Committee, 2009-2023
- Chair, Faculty Interview Committee, 2021-2023
- Institutional Research Committee, 2022-2023
- Professional Development Committee, 2021-2022
- Admissions Committee, 2004-2017
- Chair, Student Development Committee, 2004-2013
- Assessment Review Committee, 2005-2010
- Chair, Ministry Formation Committee, 2005-2010
- Financial Aid Committee, 2004-2005
- Alumni Committee, 2004-2005
- Website Committee, 2005-2005
- Iron Sharpens Iron Committee, 2001-2013
- HLC-NCA Self-Study Committee, 2004, 2006, 2011, 2018
- ABHE Self-Study Committee, 2005, 2015
- Instructor, Emmaus Ministry Resources: Emmaus Online, 2011
- Instructor, Emmaus Ministry Resources: Youth Seminars, 2009
- Instructor, Emmaus Ministry Resources: Faculty Seminars, 2005
- Director, Chapel Program, 2002-2005
- Director, Christian Service, 2002-2005
- Director, Spiritual Emphasis Days, 2002-2005
- Director, Christian Ministry Seminars, 2002-2005
- Staff Editor, EBC Yearbook, 2002-2005
- Director, Service Day, 2002-2003
- Emcee, Various College Events, 2002-2023

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VOLUNTEER/MINISTRY WORK

Australian College of Christian Studies, Burwood, NSW, Australia, 2025-present

- Board Member, 2025-present

International Brethren Conference of Mission, England/Wales, 2022-present

- Committee Member, Go-Care Network
- Committee Member, IBCM 8 Conference, Kuala Lumpur

Riverside Community Church, Columbia, SC, 2025-present

- Small Group Leader, 2026-present
- Adult Discipleship Class: Redeeming Technology, Spring 2026
- Music Ministry, Percussion and Vocals, 2025-present
- Connections Team, 2025-2026

Anchor Community Church, Dubuque, IA, 2003-2023

- Elder, Pastoral Leadership Team, 2017-2023
- Preaching Ministry, Founding Ministry Director and Preacher, 2005-2023
- Music Ministry, Percussion and Vocals, 2010-2023
- Life Groups, Founding Ministry Director and Life Group Leader, 2011-2018
- Men's Fellowship, Founding Ministry Director, 2013-2015
- Church Deacon, 2011-2012
- College Fellowship, Founding Ministry Director, 2007-2010

The Clarity Clinic Pregnancy Center, Dubuque, IA, 2006-2008

- Vice Chair, Board of Directors, 2008
- Board Member, 2006-2007

Community Bible Chapel, Richardson, TX, 1998-2001

- Youth Leader
- Music Ministry, Percussion, and Vocals

Marriage Officiant, 2011-Present:

- Luke & Megan Samuel, Spring Hope, North Carolina, February 2025
- Stephen & Ashleigh Zantias, County of Jo Daviess, Illinois, September 2017
- Matthew & Rachel Tomlinson, County of Plymouth, Iowa, April 2017
- Daniel & Beulah Pucheril, Columbus, Ohio, June 2012
- Joshua & Hannah Kinney, County of Woodbury, Iowa, May 2012
- Micah & Amy Harrison, County of Dallas, Iowa, May 2011

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Public Speaking Opportunities, 2004-Present:

Conference Speaker

- Bethany Bible Chapel Marriage Retreat, Conway, SC
- Partners in the Harvest: Asia Pacific Conference, Phuket, Thailand
- NC Youth Retreat, Pinnacle, NC
- Tri-State Christian School, Galena, IL
- Rochester Youth Conference, Rochester, NY
- Western Wake Bible Chapel Fall Conference, Apex, NC
- Indian Brethren Fellowship, Marion, IN
- Des Moines Area Youth Group, Des Moines, IA
- Iowa Youth Rally, Cedar Falls, IA
- Sudbury Youth Conference, Sudbury, ON
- North Carolina Youth Rally, Raleigh, NC
- Scottlea Youth Conference, St. Catharines, ON
- Northeast Brethren Conference, New York, NY
- Southwestern Brethren Conference, Houston, TX
- Fellowship of Indian Brethren Association, Toronto, ON
- Northeast Youth Retreat, Milan, NY

Camp Speaker (Kids, Teen, College, Adults, Family)

- Conference Point Center, Williams Bay, WI
- Koronis Bible Camp, Paynesville, MN
- Camp Elim, Woodland Park, CO
- East Iowa Bible Camp, Deep River, IA
- Salem Acres Bible Camp, Elnora, AB
- Faith Bible Camp, Winnipeg, MB
- Lake Geneva Youth Camp, Lake Geneva, WI
- Camp Berea, Hebron, NH
- Verdugo Pines Bible Camp, Wrightwood, CA
- Horton Haven Christian Camp, Chapel Hill, TN
- Camp Li-Lo-Li, Randolph, NY
- Sandy Creek Bible Camp, Washington, TX
- Koinonia Conference Grounds, Watsonville, CA

Church Preaching

- Kennerly Road Baptist Church, Irmo, SC
- Shannon Hills Bible Chapel, Greensboro, NC
- Northwest Bible Chapel, Chicago, IL
- Crossroads Bible Fellowship, Rochester, NY
- Maranatha Bible Church, Cedar Rapids, IA
- Fenton Crossing Bible Chapel, Fenton, MO
- Western Wake Bible Chapel, Apex, NC
- Countryside Bible Chapel, Lexington, MA
- Gateway Bible Chapel, Fulton, IL
- Bible Truth Chapel, Wausau, WI
- Arena Bible Chapel, Arena, WI

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- New Life Bible Chapel, Mississauga, ON
- Westminster Bible Chapel, Westminster, CA
- College Heights Chapel, Murfreesboro, TN
- Laurel Bible Chapel, San Diego, CA
- Christian Believers of Donalson, Donalson, TN
- Park Manor Bible Chapel, Elgin, IL
- Avenue 54 Bible Chapel, Los Angeles, CA
- Believers Assembly, Chicago, IL
- Bethany Bible Chapel, Cedar Falls, IA
- Oak Lawn Bible Chapel, Oak Lawn, IL
- Grace Gospel Chapel, Erie, PA
- First Colony Bible Chapel, Sugarland, TX
- Oakwood Bible Chapel, Windsor, ON
- Arbor Oaks Bible Chapel, Dubuque, IA
- West Fifth Bible Chapel, Hamilton, ON
- Warrenville Bible Chapel, Warrenville, IL
- Northside Bible Fellowship, Cincinnati, OH
- Northern Hills Bible Chapel, Calgary, AB
- Woodside Bible Chapel, Maywood, IL

REFERENCES

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